

## SOBRIETY TREATMENT AND RECOVERY TEAMS (START)

### Who We Are

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START is a collaborative child welfare-led intervention for families, with Child Protective Services (CPS) involvement and children 0-5 years of age, who are impacted by parental substance use. The overall goals of START are to keep children safely with their parents whenever possible and to promote parental recovery and capacity to care for their children. Families work collaboratively with a child welfare case worker and family mentor team to receive support and help break down barriers along the road to recovery.



### START Overview:

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- ★ Receive specialized services to keep your family together
- ★ Support timely access to treatment
- ★ Help parents achieve and maintain recovery while keeping children in the home with the family
- ★ Focus on individual and family need
- ★ Improve parent-child interactions to promote positive and healthy bonds

### What Happens If Your Family Is Referred To The START Program?

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- ★ You will receive a unique approach to the services your family receives from child welfare by working with a caseworker and family mentor team.
- ★ The family mentor is a person in long term recovery who will help your family navigate the child welfare system from a place of compassion and lived experience.
- ★ Your family will receive recovery supports through partnering with community providers, substance use treatment providers, early childhood intervention programs, and child welfare systems.
- ★ You will have the opportunity to develop a plan with your caseworker and family mentor to help make decisions regarding the services your family needs, your recovery and treatment plans, and other critical decisions necessary to ensure the safety and well-being of your family.

## What are the benefits to participating in the START program?

- ★ Families obtain resources and tools to support their goals of early recovery and family stability
- ★ Parents receive access to quality treatment and recovery supports in their community
- ★ The case management team (supervisor, caseworker, and family mentor) receives specialized training specifically designed to help families affected by substance use
- ★ Parents in START have higher rates of sobriety as compared to parents who receive traditional child welfare services
- ★ Increased opportunities for families to make their own choices as partners with child welfare
- ★ Families in START have higher rates of remaining safely together as compared to families who receive traditional child welfare services
- ★ The whole family unit is served in START including parents, children, and caregivers

## Contact Us

